

Compassion-Focused Therapy Practice and Supervision Online Meetings

We wish to bring together health professionals such as psychologists and social workers, who have already received training in Compassion-Focused Therapy (CFT) to consolidate and reflect on practices and clinical skills. The aim is to provide support to strengthen personal practices and extend clinical skills in CFT to assist clients with complex needs. There will also be a focus on self-care and supportive compassionate practices that strengthen the capacity to attend to clients effectively with compassion. Two hours of your time will be required to prepare for those meetings.



Presenter and Facilitator: Marie Bloomfield is an accomplished clinical psychologist, with over 40 years of experience in working in mental health, including public, academic, and private sectors. She initially operated from a CBT and positive psychology framework. In the last twelve years, she has received training in mindfulness (MBSR & MBCT), Compassion-Focused Therapy (CFT) and Mindful Self-Compassion (MSC) with Paul Gilbert, Kristin Neff and Chris Germer. Marie is a leader in teaching Mindfulness and Self-Compassion to health professionals in Australia.

Date: Tuesday, once a month
Time: 7:00 -8:30 pm (Sydney, Melbourne, Canberra time)
Venue: Online
Cost: \$200.00 for 5 sessions (7.5hours)
Dates: 25 July, 29 August, 26 September, 31 October, 21 November
Presenter: Marie Bloomfield, Clinical Psychologist, B.Sc(Psych.), M.Clin. Psych(UNSW), MAPS(Coll.Clin.Psych.)

For more information or to register visit: www.mindfulpath.com.au or Email: marie@bloomfieldpsychology.com.au